



SOUTHBOROUGH RECREATION

FALL & WINTER 2021-2022
REGISTRATION OPENS SEPTEMBER 1, 2021



DEPARTMENT INFORMATION

SOUTHBOROUGH RECREATION DEPARTMENT

21 Highland Street
Southborough, MA 01772
www.SouthboroughRec.com
508-229-4452

OFFICE HOURS:

Monday: 9:00A - 4:00P

Tuesday: 9:00A - 4:00P

Wednesday: 9:00A - 4:00P

Thursday: 9:00A - 4:00P

Friday: 9:00A - 12:30P

RECREATION STAFF:

TIM DAVIS, CPRP, CPSI
Recreation Director

DENISE MAYER
Administrative Assistant

REGISTRATION INFORMATION

All Program Registrations can be found at www.SouthboroughRec.com

Registrations may be processed online or in person. We accept Cash, Credit (Visa, MC, Discover), and checks (made out to Southborough Recreation). Registrations will not be taken before registration officially opens or after the posted deadline dates. Registrations that require additional paperwork (i.e. medical forms) will not be considered complete until all paperwork is received.

REFUNDS

Refunds will be granted with a 10% fee assessed from your total. If there is a refund request due to a medical condition, a note from a medical professional is required. If for a medical reason, a full refund will be granted. Refunds will **not** be granted once your program begins. Refunds will **not** be granted if you do not show up for your registered program.

PROGRAM CANCELLATIONS

Cancellations for Recreation Department sponsored programming will be announced by the Recreation Department. Email will be utilized for all participants registered into a program. The Recreation Department reserves the right to cancel programs for any reason they deem necessary (weather, enrollment numbers, safety, etc.). If a cancellation is due to a COVID-19 related matter, a full refund will be issued. If a program is currently underway – a prorated refund will be granted.

MAKE UP CLASSES

We will do our best to provide make up classes to anything that is cancelled or postponed. The Recreation Department reserves the right to offer a qualified substitute instructor in the event the listed program coordinator is not available or end a class due to schedule conflicts.

SCHOLARSHIPS

Scholarships are available for Southborough Residents only. Scholarship applications can be found on our website under the “forms” tab.

PROGRAM AIDES

If you would like to request a program aide (1:1) be provided for your child during a recreation program, please inform the Recreation Department no later than 10 business days prior to the start of your registered program. **The Southborough Recreation Department cannot guarantee an aide will be secured.**

DIRECTORS CORNER

Just like that, summer has come and gone! This summer was one to remember. Our summer camp at Woodward saw 421 individual campers, 131 individual CITs, countless art projects, weekly special events to rival any summer, the start of our new field day tradition, and 8-weeks of smiling faces. Outside of our Summer Camp, our weekly programs brought in hundreds more to partake in new programs such as Viking Ninja Warrior Week, Pre-k Sports, and the return of our field hockey clinics. This summer was special, and we THANK YOU for sharing it with us. As we look to the fall and winter, we are back at full capacity with 40+ new and returning RAP Programs to kick off the school year. In addition, we will be hosting NEW programs such as Family Archery, Karate, and a Senior Golf League. Cross Country will return along with Skiing and Snowboarding later in the season. We are back, and we cannot wait to get started!

Tim Davis, CPRP
Recreation Director

RECREATION AFTER SCHOOL PROGRAMS (RAP)

RAP classes are designed to provide development of academic, social, and physical skills for children in fun, friendly, safe environments. Programs are led by highly trained professionals and employees of the Southborough Recreation Department and located on the grounds of Southborough Public Schools. Classes begin at the end of the school day.

If a program is held off-site, the Recreation Department will transport participants to the facility. It is the parent/guardian's responsibility to pick up at the conclusion of the program. Prices and times vary by day.

RAP PROGRAMMING

Visit www.SouthboroughRec.com for full program descriptions, times, and pricing.

SCHOOL TIME	Monday 9/13, 9/20, 9/27, 10/04, 10/18	Tuesday 9/14, 9/21, 9/28, 10/05, 10/13	Wednesday 9/15, 9/22, 9/29, 10/06, 10/12	Thursday 9/23, 9/30, 10/7, 10/14, 10/21	Friday 09/17, 09/24, 10/1, 10/8, 10/15
Finn 3:30 PM - 4:30 PM	FAST Athletics: Super Sports Paradise Island Kids: Slime for Sensory Play Certain Victory Martial Arts	Paradise Island Kids: Healthy Snacks and No Bake Desserts Southborough Sew Studio: Hand Sewing and Fabric Crafts	Paradise Island Kids: Fairy/Pirate/Magical House GameTime Training: Basketball	BEST Soccer Paradise Island Kids: Cupcake Decorating Challenger Skyrise Theater: Broadway Fundamentals	FAST Athletics: Flag Football Paradise Island Kids: Fall Mixed Media Creations Chess Wizards
Woodward 3:15 PM - 4:15 PM	Paradise: Nailed it! Back to School Sew Studio - Sewing Fun (Off Site) GameTime Training: Basketball	BEST Soccer Paradise Island Kids: Slime Factory Certain Victory Martial Arts Skyrise Theater: Broadway Fundamentals	FAST Athletics Flag Football Paradise Island Kids: Crafty Creators Chess Wizards	FAST Athletics: Super Sports Paradise Island Kids: 3D Art Chestnut Hill Farm: Fun on the Farm 3:30-5:00	Paradise: Cupcake Decorating Challenge Right Brain Curriculum: Business Sharks
Neary 3:05 PM - 4:05 PM	Paradise Island Kids: Slime Factory Knucklebones Sports: Intro to Skateboarding Chess Wizards	Paradise Island Kids: 3D Art Skyrise Theater: Broadway Fundamentals	BEST Soccer Paradise Island Kids: Nailed it! Back to School Archery Sew Studio: Sewing Fun (Off Site)	Paradise: Cupcake Decorating Challenge Right Brain Curriculum: Business Sharks	Paradise Island Kids: Crafty Creators Pottery (Off Site - Recreation Dept/ Arts Center)
Trottier 2:15 PM - 3:15 PM		FAST Athletics: Flag Football		GameTime Training: Basketball	

RAP Session II Dates: November 1, 2021 – December 16, 2021

RAP Session III Dates: January 10, 2022 – February 14, 2022

Session II & III Classes TBA - Visit www.SouthboroughRec.com for details

All programs are subject to change.

COMMUNITY PROGRAMMING

ARCHERY IN THE PARK

Location: Depietri Field
Grades 4+ | Cost \$158/session

Enjoy New England's favorite season outdoors and sign up for ARCHERY to experience the excitement of shooting a bow and arrow! Our passionate and energetic instructors modernize this timeless Olympic sport and give it a fresh and enthusiastic twist to keep you challenged and engaged throughout the entire course. Each week, learn something new while focusing on the form more than results. All equipment provided. All skill levels welcome. Families welcome!

Session I:

Saturdays, 9/11/21 – 10/02/21
Timeslot I: 3:00 PM – 4:00 PM
Timeslot II: 4:15 PM – 5:15 PM

Session II:

Saturdays, 10/16/21 – 11/6/21
Timeslot I: 3:00 PM – 4:00 PM
Timeslot II: 4:15 PM – 5:15 PM*

***The last classes scheduled in November will be combined to the 3:00 – 4:00 pm timeslot due to daylight savings**

INTRODUCTION TO TRADITIONAL OKINAWAN KARATE (Youth and Adult)

Location: Southborough Recreation Department
Saturdays, 9/11/2021 – 10/23/2021
9:00 AM – 11:00 AM
Ages 10 and up | Cost \$105.00

***No class 10/9/21**

Improve your self-defense skills and your wellness, with the healthy, simple, and enjoyable exercise of Uechi Ryu Karate Do. Learn to move and keep yourself protected using a "soft" defense against a larger, stronger opponent. Also develop the skill to smother an attack using a "hard" up-close defense. Maintain your awareness and poise through active meditation. This introductory course is for adults and children at least ten years old. While parent(s) are welcome to watch, they are encouraged to participate in the adult class section at the same time and place.

SOUTHBOROUGH GOLF CLUB TUESDAY MORNING MEN'S SENIOR LEAGUE:

We are offering a men's senior golf league starting Tuesday September 7th with tee times at 8:30am. This league is a 9-hole casual social league and there is no cost in joining the league. A greens fee of \$18 is charged for the nine-hole league round. The league will also play on Tuesday morning during the 2022 golf season beginning in May. Spread the word and bring your friends! If interested in the league please send an email to newenglandgolf@comcast.net or call 508-460-0946.

BEST SOCCER FIRST KIX

Location: Fayville Park and Playground
Wednesdays, 9/15/2021 – 10/13/2021
Session I: 9:30 AM - 10:15 AM
Session II: 1:30 PM - 2:15 PM
Ages 3-5yrs | Cost \$105

Let their imaginations run wild! A friendly and FUN introduction to dribbling, stopping and controlling the ball. The First KIX program is targeted to children ages 3-5 years old. BEST First KIX classes are unique and not like any other sports program. They are purposely designed to be FUN, silly, age appropriate and a high energy experience for children. Our soccer and programs feature exciting games and activities to teach the fundamental skills of the sport. Your child will learn to participate in a group, follow simple instructions, cooperate with peers, develop gross motor skills, and let's not forget, the obvious benefits of having them burn off some of that energy! First KIX coaches are highly experienced in dealing with this age group of children and are brilliant at what they do!!

FAST ATHLETICS PRE-K SOCCER

Location: Fayville Park and Playground
Saturdays, 9/18/21 – 10/23/21 *No class 10/9
11:00 AM - 11:45 AM
Cost: \$85.00

Our soccer program will teach the fundamental skills of dribbling, trapping, passing and shooting. The students will work on these fundamentals through a variety of unique, nontraditional games. Parents are also encouraged to participate if their child needs the extra support.

FAST ATHLETICS PRE-K T-BALL

Location: Fayville Park and Playground
Saturdays, 9/18/21 – 10/23/21 *No class 10/9
10:00 AM - 10:45 AM
Cost \$85.00

Let's take a walk through the fundamentals of America's favorite pastime. The children will learn the basic skills in fielding, throwing, hitting, and base running. In addition, they will play games such as home run derby, last one standing, and running bases. This is an easy introduction into t-ball where learning and skill development are our priorities.

COMMUNITY PROGRAMMING

FAST ATHLETICS PRE-K MINI SPORTS

Location: Fayville Park and Playground
Saturdays, 9/18/21 – 10/23/21 *No class 10/9
9:00 AM – 9:45 AM
Cost \$85.00

This program is a combination of warm-up games and sports such as soccer, kickball, and tball. It will ease children into learning the basics of all these great games as well as teaching them the importance of teamwork! Each class F.A.S.T. Athletics will have new and exciting games planned for the students.

WACHUSETT MOUNTAIN SKIING AND SNOWBOARDING (Trottier School)

Program Dates: Wednesdays, beginning January 5, 2022
Program Duration 6 weeks
1/05/2022 – 2/09/2022
Grades 6 – 8 (Trottier School)
Cost TBD

Join Southborough Recreation as we travel to Wachusett Mountain for six weeks of winter evening ski/snowboard lessons, or free ski at one of New England's best mountains. Students will be bussed to the mountain after school and back accompanied by Southborough Recreation Staff and volunteers. Cost for lessons and bus transportation will be paid separately. Details to be released. This program is for Trottier Students Only.

SKI WARD SKIING AND SNOWBOARDING (Woodward & Neary)

Program Duration 5 Weeks
Ages 8-14 (Must be 8 at the start of the program, no exception)
Neary Program Dates: Tuesdays, Starting January 4, 2022
Woodward Program Dates: Wednesdays, Starting January 5, 2022

Join Southborough Recreation and your fellow students as we travel to Ski Ward for 5 weeks of instructional skiing and snowboarding. Students will be bused to the mountain at the conclusion of their school day to Ski Ward, and then back at the conclusion of their lessons. Cost for lesson and round trip transportation will be paid separately. Details to be released. This program is for Woodward and Neary School students only.

NOTE: Prices, dates, and times are subject to change. The Rec Department has not received 2022 pricing information to date. Please monitor www.SouthboroughRec.com for updates and announcements!

SKYRISE THEATRE FALL MUSICAL – SEUSSICAL! (Neary School Students)

Location: Rehearsals at Neary School, After School
Cost \$275.00 (includes guaranteed role and t-shirt)
Wednesdays, 9/15/2021 – 12/10/2021
3:05 PM - 5:00 PM
Neary School Students Only

***No class 11/24/21**

***Must be available for all dates* any conflicts contact Tania at skyrisetheater@gmail.com**

Show Dates: December 9, 2021 & December 10, 2021
from 3:00 PM - 6:00 PM

Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat, our narrator, tells the story of Horton, an elephant who discovers a speck of dust containing tiny people called the Whos, including Jojo, a Who child, who gets in trouble for thinking too many "thinks." Horton's challenge is twofold — not only must he protect the Whos from a world of naysayers and dangers, but he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger, kidnapping and a trial, the intrepid Gertrude McFuzz never loses faith in him. Ultimately, the powers of friendship, loyalty, family and community are challenged and emerge triumphant!

FALL/WINTER YOGA

Hybrid Class with Zoom Access
Location: Southborough Senior Center
Thursdays, 9/16/2021 – 10/21/2021
Time 5:30 PM - 6:30 PM
Cost \$80.00/session

Stretch, balance, de-stress and invite deep peace. This class, open to all levels of experience and ability, includes breath work, gentle warm-up movement and postures to build strength and cultivate balance and concentration. Class ends with deep relaxation. Led by Malu Doherty and Mary Starr Green, who are both seasoned instructors and faculty assistants for health, movement and creativity programs at Kripalu (Stockbridge MA).

CROSS COUNTRY

Details to be announced. Please check www.SouthboroughRec.com for updates.



21 HIGHLAND STREET
SOUTHBOROUGH, MA 01772

PRST STD
U.S. POSTAGE
PAID
MARSHFIELD, MA
PERMIT 51
EDDM RETAIL

POSTAL CUSTOMER
SOUTHBOROUGH, MA 01745

PROGRAMS FOR ALL AGES CAN BE FOUND AT WWW.SOUTHBOROUGHREC.COM!



HERITAGE DAY 2021

October 11, 2021
St. Mark's Field
Southborough, MA
10 a.m. - 3 p.m.

SUBJECT TO CHANGE

SAVE THE DATE Gobble Wobble 5k Road Race Thanksgiving Day 2021

Details TBA