



SOUTHBOROUGH RECREATION

SPRING & SUMMER 2022

Registration Begins February 1, 2022



DEPARTMENT INFORMATION

SOUTHBOROUGH RECREATION DEPARTMENT

21 Highland Street
Southborough, MA 01772
www.SouthboroughRec.com
508-229-4452

OFFICE HOURS:

Monday: 9:00A - 4:00P

Tuesday: 9:00A - 4:00P

Wednesday: 9:00A - 4:00P

Thursday: 9:00A - 4:00P

Friday: 9:00A - 12:30P

RECREATION STAFF:

TIM DAVIS, CPRP

Recreation Director

JOE DURANT

Program Coordinator

DENISE MAYER

Administrative Assistant

REGISTRATION INFORMATION

ALL PROGRAM REGISTRATIONS CAN BE FOUND AT WWW.SOUTHBOROUGHREC.COM

Registrations may be processed online or in person. We accept Cash, Credit (Visa, MC, Discover), and checks (made out to Southborough Recreation). Registrations will not be taken before registration officially opens or after the posted deadline dates. Registrations that require additional paperwork (i.e. medical forms) will not be considered complete until all paperwork is received.

REFUNDS

Refunds will be granted with a 10% fee assessed from your total. If there is a refund request due to a medical condition, a note from a medical professional is required. If for a medical reason, a full refund will be granted. Refunds will not be granted once your program begins. Refunds will not be granted if you do not show up for your registered program. Alternative refund policies may apply to specific programs as noted.

PROGRAM CANCELLATIONS

Cancellations for Recreation Department sponsored programming will be announced by the Recreation Department. Email will be utilized for all participants registered into a program as well as posting online at www.southboroughrec.com. The Recreation Department reserves the right to cancel programs for any reason they deem necessary (weather, enrollment numbers, safety, etc.). If a cancellation is due to a COVID-19 related matter, a full refund will be issued. If a program is currently underway – a prorated refund will be granted.

MAKE UP CLASSES

We will do our best to provide make up classes to anything that is canceled or postponed. The Recreation Department reserves the right to offer a qualified substitute instructor in the event the listed program coordinator is not available, or end a class due to schedule conflicts.

PROGRAM AIDES

If you would like to request a program aide (1:1) be provided for your child during a recreation program, please inform the Recreation Department no later than 10 business days prior to the start of your registered program. **The Southborough Recreation Department cannot guarantee an aide will be secured.**

SCHOLARSHIPS

Scholarships are available for Southborough Residents only. Scholarship applications can be found on our website under the “forms” tab.

DIRECTORS CORNER

It seems like yesterday we were just wrapping up our summer and here we are again! After an incredibly strong Fall and Winter season of out of school time activities, we are back with an ever-growing list of Spring and Summer activities. Our new Program Coordinator Joe Durant is hard at work putting together a revitalized list of RAP offerings, community programs, and 7-week summer camp – with more announcements and surprises to come. This spring, Southborough Recreation will also break ground on Kallander field to bring it back to proper playing standards, as well as finish and put into full use our new athletic lights at Mooney Field and Richardson Tennis Courts. Our department continues to grow, and we thank you for the endless support!

Tim Davis, CPRP

Recreation Director

RECREATION AFTER SCHOOL PROGRAMS (RAP)

RAP classes are designed to provide development of academic, social, and physical skills for children in fun, friendly, safe environments. Programs are led by highly trained professionals and employees of the Southborough Recreation Department and located on the grounds of Southborough Public Schools. Classes begin at the end of the school day.

If a program is held off-site, the Recreation Department will transport participants to the facility. It is the parent/guardian's responsibility to pick up at the conclusion of the program. Prices and times vary by day.

RECREATION AFTER SCHOOL PROGRAMS (RAP) SESSION DATES:

PROGRAM DETAILS AND REGISTRATION TO BE RELEASED ON WWW.SOUTHBOROUGHREC.COM

SESSION 4 RAP PROGRAMMING

START DATE: FEBRUARY 28, 2022 | REGISTRATION OPENS: FEBRUARY 1, 2022

SESSION 5 RAP PROGRAMMING

START DATE: APRIL, 25 2022 | REGISTRATION OPENS: MARCH 28, 2022

Dates subject to change



DCR Park Pass – 2022 Massachusetts Park Pass

Southborough residents can borrow a 2022 MA Parks pass free of charge. The pass entitles the bearer to free parking for one vehicle at over 50 facilities in the MA park system. A \$35 deposit is required when you pick up the pass and refunded when the pass is returned. For a list of MA park facilities where Park Passes may be used, please visit www.mass.gov/dcr.

COMMUNITY EVENTS 2022

FREE SUMMER CONCERTS

6:00 PM - 8:00 PM | Neary Field Stage

June 29 | Hit the Bus
July 13 | The Gentleman Jack Band
July 27 | Chuck and Mudd
August 10 | Paxton Crossing

**Bands subject to change*

FREE SUMMER MOVIE NIGHTS IN THE PARK

Movies TBA | Showings begin 8:00PM approx.
Depietri Field, Neary School

July 6 | July 20 | August 3 | August 17



SATURDAY, 8/27 | 5:00 PM | NEARY FIELD

Come celebrate summer with live music, entertainment, food and fireworks on Saturday, August 27th at Neary Field. This free community event is funded by the generous support of our local businesses. The fun starts at 5 p.m. and ends with a spectacular fireworks display by Atlas Pyro Vision. Don't miss out on this amazing night! (Rain date: TBA)

COMMUNITY PROGRAMS

ADULT PICKUP BASKETBALL LEAGUE

Sundays and Tuesdays

3/15/22 – 5/17/22 | \$65.00

Sundays at Fay School | 6:30pm - 8:30pm

Tuesdays at Finn School | 7:00pm - 9:00pm

Dates and location subject to change based on school usage

Newcomers are **ALWAYS** welcome. Attendance need not be regular! This is a pickup league - we call our own fouls and keep our own score. Open to residents and non-residents! Registration is limited due to gym capacity.

CPR FIRST AID COURSE

Session 1: 3/3/22, Thursday | 6:00pm – 8:00pm

Session 2: 3/16/22, Wednesday | 6:00pm – 8:00pm

Cost \$75

Location: Southborough's Public Safety Building

The American Heart Association's Heartsaver First Aid CPR AED is geared towards anyone with little or no medical training who needs a course completion card for their job, regulatory (e.g., OSHA), or other requirements - or anyone who wants to be prepared for an emergency in any setting. The AHA's Heartsaver First Aid CPR AED course trains participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. Upon successful completion of the course, participants receive a course completion card, valid for two years.

ARCHERY IN THE PARK

Session 1: Saturdays, 4/30/22 to 5/21/22
3:00pm – 4:00pm

Session 2: Saturdays, 6/4/22 to 6/25/22
3:00pm – 4:00pm

Session 3: Saturdays, 7/9/22 to 7/30/22
3:00pm – 4:00pm

Ages 9+ | \$158/session

Location: Depietri Field

Enjoy New England's favorite season outdoors and sign up for archery to experience the excitement of shooting a bow and arrow! "On the Mark" Archery's passionate and energetic instructors modernize this timeless Olympic sport and give it a fresh and enthusiastic twist to keep you challenged and engaged throughout the entire course. Each week, learn something new while focusing on the form more than results. All equipment provided. All skill levels welcomed. Families welcomed!

HOME ALONE SAFETY COURSE

Tuesday 3/29/22 | 3:30pm – 5:00pm

Grades 3-5 | \$50

Location: Recreation Department

Take the first steps towards independence! In this course, we will teach children the basics of being safe when home alone for short periods of time. We'll learn about accident prevention and fire safety protection, how to call 911 and we'll cover simple first aid techniques, such as how to relieve choking. We will also talk about how to use our time wisely!

BABY SITTING TRAINING

Tuesday 3/8/22 and Wednesday 3/9/22

2:30pm – 5:00pm

Grades 6-8 | \$65

Location: Recreation Department

MUST COMPLETE BOTH DAYS IN THEIR ENTIRETY TO RECEIVE CERTIFICATION.

Learn how to: interview for a babysitting job, choose safe and age-appropriate toys and games, perform first aid, learn diapering and feeding techniques, handle bedtime issues, learn tips for having a safe babysitting experience and more! This class includes a variety of teaching methods, including active discussion, a video and role playing, with material provided by Smart Kids 101.

**Please bring a water bottle, snack and doll or stuffed toy to each class.*

GGLEAGUES ONLINE GAMING

GGLeagues was founded in 2018 with the simple idea that all gamers should get an opportunity to compete at the games that they love. Whether you are looking to go pro, play varsity or just have a good time competing, you have to start your journey somewhere! Recreational esports is something anyone, anywhere, with any skill level should be able to play in! Join local competitions from California to Massachusetts. Play against others in your community, compete in state-wide competitions! Games and systems not provided by the Recreation Department.

2022 Season Details to be announced.

Please check www.southboroughrec.com for updates.



COMMUNITY PROGRAMS

BEST SOCCER SUMMER PROGRAMS

BEST Soccer will focus on a different technical topic each day. Players will learn the importance of a good warm up through fun games and activities. Coaches will develop the basic foot skills, passing and shooting through structured games with each player actively involved. Players will also learn the basics of soccer match play via 3x3 tournaments focusing on positions, communication and interest in soccer while still having lots of fun! What to bring? Plenty of water, shin guards, sneakers or cleats and a nut free snack (and nut free lunch if participating in a full day).

JULY: Monday – Friday 7/11/22 to 7/15/22

Location: Neary

First KIX: Ages 3-5, 9:00 to 9:45am - \$100

Half Day: Ages 5-14, 9:00 to 12:00pm - \$170

Full Day: Ages 7-14, 9:00 to 3:00pm - \$275

AUGUST: Monday - Friday 8/15/22 TO 8/19/22

Location: Neary

First KIX: Ages 3-5, 9:00 to 9:45am - \$100

Half Day: Ages 5-14, 9:00 to 12:00pm - \$170

Full Day: Ages 7-14, 9:00 to 3:00pm - \$275

ULTIMATE SPORTS AND GAMES SUMMER PROGRAM

Monday – Friday 8/1/22 – 8/5/22 | 9:00am – 12:00pm

Ages 7-12 | \$130

Location: Fayville Park

Are you getting tired of playing the same old sports every day? This is the program for you! The non-traditional style of games/competitions will keep all participants on their toes learning new games as they get further into this program. Have you ever heard of Fort Knox? Or Ultimate Frisbee? What about Army Dodgeball? Get together with F.A.S.T. Athletics and see what all the hype is about!!! This unique program will also put emphasis on physical fitness, proper stretching techniques and teamwork.

VIKING SPORTS NINJA WARRIOR WEEK

Monday-Friday 7/18/22 – 7/22/22 | 9:00am - 3:00pm

Ages 5-12 | \$240

Location: Trottier Middle School Track and Field

Viking's Ninja Warrior might be the best thing since sliced bread. It's the perfect blend of fitness competition and fun that keeps everyone engaged. Viking has created a variety of Ninja Warrior obstacles geared around agility strength and balance. When

put together they make a diverse Ninja Warrior course that kids love to go through. Athletes will find themselves leaping from the ascending plyo boxes bounding between quintuple steps and even scaling the wall located in our ENORMOUS obstacle bounce house! Every aspect of Viking's Ninja Warrior is flat out fun. Participants receive a t-shirt and trophy.

SUMMER FIELD HOCKEY CLINIC

Session 1: June 27-30 | 9:00am – 3:00pm

Session 2: July 11-14 | 9:00am – 3:00pm

Session 3: Aug 15-18 | 9:00am – 3:00pm

Grades 5-12 | \$180/session

Ages 14+ | \$130/pp

Location: 911 Memorial Field

Our Field Hockey Clinics this summer focus on skills, drills, game tactics and lots of fun! Players will learn in a safe and fun environment where coaches will share their expertise in the sport of field hockey. Clinics are open to all levels!

SPECIAL OLYMPICS BASKETBALL

Spring Session:

Saturdays 3/5/22 – 4/2/22 | 10:00am – 11:00am

Ages: 5-16 | Free! (Registration Required)

Location: Woodward School

Children with intellectual disabilities are invited to come and play in this noncompetitive environment with focus on learning basketball and making friends. Coaches, parents, and high school volunteers will work with the players on a wide range of basketball skills and play short games. It will be a learning experience with a lot of fun!

TROTTIER TRACK AND FIELD

Anticipated Season: April 2022 – June 2022

Days: Monday, Wednesdays, and Friday

Cost: \$200

Trottier School Students Only

The Track and Field Program focuses on an introduction to several events such as distance running, relays, long jump, triple jump, shot put, and javelin. Conditioning techniques are also stressed, in addition to practice time. There will be opportunities to participate in track meets throughout the season.

Final Details to be announced.

Please check www.southboroughrec.com for updates.



COMMUNITY PROGRAMS

WOMAN'S ADULT RECREATION SOFTBALL LEAGUE

Sundays | 7:00PM - 9:30PM

4/24/22 to 6/12/22 | \$100.00/player

Ages 18+

Location: Melican Middle School, Northborough, MA

Join Southborough Recreation as we take part in recreational league play with Northborough Recreation, Westborough Recreation, Shrewsbury Recreation, and Grafton Recreation. League schedule dependent on number of teams fielded between the towns. More information to be released come closer to Spring 2022.

SPRING/SUMMER YOGA (VIA ZOOM)

Session 1: 02/17/22 to 03/24/22

Session 2: 03/31/22 to 05/05/22

Session 3: 05/12/22 to 06/16/22

All classes held via ZOOM

Thursdays | 5:30pm-6:30pm

18+ | \$80.00

Stretch, de-stress and relax your mind with yoga. This "after-work" at-home class is open to all levels of experience and ability. Yoga sessions include breath work, posture sequences to build strength and cultivate balance and concentration. Class ends with guided relaxation. Lead by seasoned Kripalu certified instructors Malu Doherty and Mary Starr Green.

BIDDY BASKETBALL

Spring Session:

Saturdays 3/5/22 – 4/2/22 | 9:00am – 10:00am

Ages: 3-6 | \$95

Location: Woodward School

Come prepared to learn and sweat in this 5-week program with Game Time Training! Learn the very basics of basketball and the graduate to our intermediate program in a jiff! In this program, we ensure each player understands the spots on the court, the importance of triple threat position, dribbling technique, shooting technique and defense, defense, DEFENSE! Like all GTT programs, the music is blaring, the energy is alive, and the kids have a blast! Must be potty trained.

PRE-K MINISPORTS

Spring Session: Saturdays, 5/7/22 – 6/4/22

Summer Session: Saturdays, 7/9/22 – 8/6/22

Time: 9:00am – 9:45am

Ages 3-6 | \$80

Location: Fayville Park

This program is a combination of warm-up games and sports such as soccer, kickball, and t-ball. It will ease children into learning the basics of all these great games as well as teaching them the importance of teamwork! Each class F.A.S.T. Athletics will have new and exciting games planned for the students.

PRE-K SOCCER

Spring Session: Saturdays, 5/7/22 – 6/4/22

Summer Session: Saturdays, 7/9/22 – 8/6/22

Time: 11:00am – 11:45am

Ages 3-6 | \$80

Location: Fayville Park

Park Pre-K Soccer will teach the fundamental skills of dribbling, trapping, passing, and shooting. The students will work on these fundamentals through a variety of unique, nontraditional games. Parents are encouraged to participate if their child needs the extra support!

PRE-K T-BALL

Spring Session: Saturdays, 5/7/22 – 6/4/22

Summer Session: Saturdays, 7/9/22 – 8/6/22

Time: 10:00am – 10:45am

Ages 3-6 | \$80

Location: Fayville Park

Let's take a walk through the fundamentals of America's favorite pastime. The children will learn the basic skills in fielding, throwing, hitting, and base running. In addition, they will play games such as home run derby, last one standing, and running bases. This is an easy introduction into t-ball where learning and skill development are our priorities.

If your desired program is sold out, please add your name to the wait list. Southborough Rec will contact you if a space opens or an additional session is added.



SUMMER CAMPS & PROGRAMS

SOUTHBOROUGH RECREATION SUMMER CAMP

JUNE 27, 2022 - AUGUST 12, 2022
MONDAY - FRIDAY
WOODWARD ELEMENTARY SCHOOL

CAMP FAYVILLE: Ages 3 – 6**
Half Day Option: 8:30am – 12:30pm
Full Day Option*: 8:30am – 4:00pm**

CAMP CORDAVILLE: Ages 7 – 12
Full Day Option*: 8:30am – 4:00pm**

Located at the Woodward School, Southborough Recreation Summer camp exposes children to a wide variety of programming on site and off site. From traditional activities such as sports, arts and crafts, and special events – to offsite visits to surrounding Southborough facilities; your child will enjoy an active summer with friends! **Fields Trips are TBD and will be an additional fee. Field Trips will not be mandatory!**

Our Summer Camp staff consist of High School and College aged individuals who are CPR/First Aid certified and trained extensively by the Southborough Recreation staff to ensure your child has the most rewarding summer possible. Our camp supervisory staff consists of licensed teachers with many years of childcare experience.

Children will be grouped and split up by age, 3-6 years old (Fayville Summer Camp), and 7-11 years old (Cordaville Summer Camp). Open to both Residents and Non-residents! If your desired week is sold out - please add your child to the wait list! If a space opens, we will contact you immediately.

Full Payment is due at the time of registration.

Limited scholarships are available by emailing
TDavis@southboroughma.com.

Medical forms are due by JUNE 17th, 2022.

If medical forms are not received, Southborough Recreation reserves the right to remove your enrollment from the program with no refund. Medical Forms are required due to Board of Health license regulations. Email forms to Recreation@southboroughma.com or mail a copy to 21 Highland Street, Southborough, MA 01772.

COUNSELOR IN TRAINING PROGRAM (CIT)

Ages 13 – 14
June 27 – August 12 | Monday - Friday
Half Day Option: \$120 | 8:30 AM - 12:30pm
Full Day Option: \$160 | 8:30 AM - 4:00pm
Location: Woodward Elementary School

Southborough Recreation's Counselor in Training program is a specialized part of our summer camp for children 13-14 years looking to acquire skills while assisting in the work of our summer program. CIT's will be exposed to situations such as behavior management, safety, programming, and team building. All CITs will be under the direction of a dedicated supervisor on site. This supervisor will hold daily and weekly check ins to ensure your child is having the best experience possible. Your CIT will also work directly with the Full Time Recreation Program Supervisor and Recreation Office Staff.

New to 2022, CITs will work across both age groups to be exposed to as many situations and experiences as possible. CITs will be assigned at the start of each week and rotated as needed throughout the summer weeks. Spaces are extremely limited.

Please note: Full day CIT's are responsible for providing their own food and beverage.

WEEKLY THEMES AND EVENTS

Session	Theme
Week 1: June 27- July 1	Welcome to Camp!
Week 2: (No Camp July 4) July 5 - July 8	Fun on the Farm
Week 3: July 11 - July 15	Carnival Week
Week 4: July 18 - July 22	Southborough's Got Talent!
Week 5: July 25 - July 29	Water Week
Week 6: August 1 - August 5	Field Day Week (@ Northborough Recreation)
Week 7: August 8 - August 12	Goodbye Summer!

SUMMER CAMP PRICING:

***No Camp July 4, 2022**
Half Day \$185/Week | Full Day*** \$235/Week**

****Must be potty trained to attend Fayville Summer Program. No Exceptions.**

*****Full Day campers are asked to bring, at minimum, 2 peanut free snacks, water bottle, and a lunch. Lunch and snack will NOT be provided by the Recreation Department.**



21 HIGHLAND STREET
SOUTHBOROUGH, MA 01772

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SPRING & SUMMER 2022

REGISTRATION BEGINS FEBRUARY 1, 2022

ALL PROGRAM REGISTRATIONS CAN BE FOUND AT
WWW.SOUTHBOROUGHREC.COM

